

HOW TO SIZE YOUR SHIRTS

EASY STEPS TO ENSURE YOUR SHIRT FITS YOU

Step 1 Choose your favourite fitting shirt

Make sure it's a polo shirt if you are choosing a polo or a business shirt if you are choosing a business shirt or a tee if choosing a tee.

Important Note: Don't measure a business shirt when you are sizing for a polo or tee shirt.

Why ? Polos and Tees are made of knitted fabric, business shirts are made of woven fabric and have less stretch

- Step 2 Lay the shirt flat on a table
- Step 3 Measure approx 2cm down from where the sleeve is sewn on to the body
- Step 4 Measure from the 'invisible 2cm down mark' across the shirt, go from seam to seam.

 This is called a half chest measurement.
- Step 5 Match this 'half chest measurement' to the relevant style in the Canterbury size chart and select the corresponding garment size

